

## “Capturing Nature: Painting Day in the Park” By Debbie.lee Miszaniec

**Saturday, September 12, 9am-3:30pm (Rain date: Saturday, September 19 from 9am to 3:30pm)**

**What to bring:** As a participant in this class, you are responsible for bringing your own painting supplies (except for the watercolor paper, which will be provided by the artist). Please see the supply list below. Also make sure to bring what you'll need to be comfortable for the day:

- all painting supplies
- hat, sunscreen, water, bug spray
- lunch and snacks
- a folding stool or chair to sit on or a blanket (if you are comfortable sitting on the ground)
- wear old clothes or bring a smock to protect your good clothes from paint (although aprons will be provided by the artist)
- please be sure to dress for the weather, as this class is outdoors!
- Also note that it is a short 10 minute walk to the painting site, and you will need to be able to carry all of your own supplies, so pack lightly!

**Supplies (this supply list is for acrylic, however you are free to bring your choice of painting media):**

- Easel and stool (optional) participants can also elect to sit on the ground on a cushion and paint on their laps
- apron (especially if painting on your lap)
- sketch pad/pencils/sharpener/eraser
- plastic tub (like a margarine or yogurt container) for water
- plastic water bottle to transport your water for painting
- spray bottle of water, preferably with a fine mist
- paper towels
- shopping bag (to dispose of refuse)
- palette/mixing tray (disposable preferred)
- **min 3 brushes:** number 2 round, 1/4 “ flat hog & 1/2” flat wash brush
- plastic palette / mixing knife
- Clear acrylic medium
- 1 Canvas, 8 x 10 - 12 x 16
- **Acrylic paint recommended colours:**
  - Cadmium Red
  - Quinacridone Red
  - Cadmium Yellow
  - Lemon Yellow or Cadmium Yellow Pale
  - Yellow Ochre
  - Chromium Oxide Green
  - Pthalo Blue
  - Ultramarine Blue
  - Cerulean Blue
  - Dioxazine Purple
  - Mars Black
  - Raw Umber
  - Burnt Sienna
  - Titanium White
- **Acrylic paint basic colours (or minimum to do the class):**
  - Titanium white
  - Mars black
  - a Red of your choice
  - a Yellow of your choice
  - a Blue of your choice

**Where to meet:** Join us at the Cookhouse (yellow historical building) in the Bow Valley Ranch area of Fish Creek Provincial Park. (Take Bow Bottom Trail south until you enter Fish Creek Provincial Park; take your first right into

the Bow Valley Ranch and park in the main lot beside the red barn. Follow the walking path west a short ways until you get to the Cookhouse)

**Bad weather back up:** Being an outdoor class, it may be necessary to reschedule if the weather does not cooperate. In the case of inclement weather, class cancellations will be posted on our website at <http://friendsoffishcreek.org/programs/wellness-clinics/> or you can call the Friends office at 403-238-3841. *In the case of a cancellation due to inclement weather, we have scheduled a rain date for Saturday, September 19th from 9am to 3:30pm.* If you are unable to make the rain date, or the weather continues to not cooperate on July 18th, you will be issued a full refund. If you need to cancel your registration later that one week prior to the class, you will be issued a refund, less a \$25 processing fee.

**If you would like to speak with Debbie.lee to see if this course is a good fit for your skill level in painting, or for questions related to the supplies you'll need, you can email her directly at [peasoup@telus.net](mailto:peasoup@telus.net)**

**For any other class inquiries, please contact Shana Barbour-Welsh at [programs@friendsoffishcreek.org](mailto:programs@friendsoffishcreek.org) or at 403-238-3841.**