

***Our mission is: To engage the community through education and awareness
to conserve a truly unique naturalized urban park.***

www.friendsoffishcreek.org

PO Box 2780 Stn M Calgary, Alberta T2P 2M7 403-238-3841

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AUTUMN BIRDING COURSE



15 Week Autumn Birding Course Starts Monday, September 4

Autumn is one of the best times of year for birding. Between September and December, you can see, hear and learn about more than 150 bird species. As the leaves drop off the trees in the cooler months many of the smaller migratory birds will be much easier to see. All sessions are held in the great outdoors - in Fish Creek Provincial Park and other natural areas in Calgary. Outings are conducted by Gus Yaki, a lifelong naturalist who has birded around the world - and other experienced instructors.

Each outing is approx. 2.5 hours. Start times Monday - Thursday: 9:15am

Saturdays: 9:00am, Sundays: 9:00am or 1:15pm Choose to come 1 or 2 days / week

Fee: Once a week outing - Friends of Fish Creek Members: \$60.00,

Non-members: \$100.00. Twice a week outings - Friends Members: \$100.00, Non-members: \$150.00

Youth 16 years of age or younger with registered adult: \$5.00

Registration Required. To Register or for more information

visit www.friendsoffishcreek.org/programs/birding-course Greater Yellowlegs, photo courtesy of Tim Hopwood



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Fish Creek Speaker Series

The Friends of Fish Creek Speaker Series program has been combined with the Alberta Parks and Protected Areas Slideshow series. Presentations will take place at the Fish Creek Environmental Learning Centre at Shannon Terrace in Fish Creek Provincial Park (13931 Woodpath Rd. SW, access via 130 Ave. SW and 37 St. SW.) Refreshments are available on a first come, first served basis. **Please park near washroom facility.**

Planned Giving for Healthy Families – Leaving a Legacy, Planning Your Estate, and Charitable Giving

Wednesday, September 27, 7:00 pm – 8:00 pm

Presented by Aaron Bickman, Trust and Estate Practitioner in the Wills & Estates group of McLeod Law



Planned Giving is having a say in what happens to your assets, and it protects your wealth for the enjoyment of your beneficiaries. With an estate plan in place and by taking a few basic steps to prepare, you can reduce the stress to family members and loss of estate value considerably. Your estate plan should reflect what is most important to you and your loved ones. Learn why proper estate planning is important, what documents you need to have in place, and the basics of planned giving with a focus on charities that you value the most. For more information and to register visit

www.friendsoffishcreek.org/event/plan Photo by Shelby Deeter on Unsplash

For more information about Fish Creek Speaker Series presentations stay tuned to www.friendsoffishcreek.org/programs/speaker-series



ONLINE STORE NOW OPEN!

Limited Edition 25th Anniversary Signature Image Artwork Now on Sale!

As a part of the Friends' 25th Anniversary celebrations, local artist and Master Pointillist, Jim Pescott, created a beautiful original painting entitled *Autumn Colour—Fish Creek Provincial Park*. This piece was unveiled at our June 22 Fish Creek Speaker Series presentation Art in the Park, and prints went on sale for the first time. There are only 25 limited edition prints available and each one is numbered and signed by Jim, and come with a certificate of authenticity, making each print truly one of a kind! We also have smaller “open edition” prints (not numbered or signed by the artist) for sale. Please drop by the office to see the paintings or purchase this artwork through the online store.

In addition to *Autumn Colour*, we have other amazing original art by local artists posted on our website for purchase, including beautiful framed photos by Robin Read and Ken Pride, a painting by Sheila Schaetzle, a cross-stitch by Wayne Meikle, a beautiful handmade quilt and much more! Drop by the Cookhouse or visit www.friendsoffishcreek.org/store

Jim Pescott, Pointillism Artist and long-time supporter of the Friends, signing and numbering his 25th Anniversary Limited Edition prints of *Autumn Colour*.



Quiz Question

When did the Friends begin the Riparian Restoration program and what was involved in the first Restoration project? *The correct answer will be announced in the next issue of Voice of the Friends.*

A Taste of Autumn



THE FRIENDS OF FISH CREEK PRESENTS

A TASTE OF AUTUMN

WINE & BEER TASTING AND SILENT AUCTION FUNDRAISER



FRIDAY, SEPTEMBER 15, 2017 6:30 - 9:30PM
MEADOW MUSE PAVILION, BOW VALLEY RANCH
FISH CREEK PROVINCIAL PARK

RAISE A GLASS TO 25 YEARS OF BRINGING THE PARK AND
COMMUNITY TOGETHER!

Get Your Tickets Now!

Tickets are only \$60 and you will receive a tax receipt for \$30!
Must be 18 years of age or older to purchase tickets.
Sponsorship opportunities are available!

Make sure to get your WestJet Gift of Flight Raffle tickets for
only \$20 each. Win one round trip ticket for 2 to anywhere WestJet
Flies! Draw at A Taste of Autumn.

Sample beer and wine from local producers, meet with the Friends'
Board of Directors and bid on amazing silent auction items donated
by local organizations.

For tickets and more info please visit www.friendsoffishcreek.org/event/autumn17 Photo courtesy of David Mitchell



Featuring Keynote
Speaker
Kevin Van Tighem,
author of
*Our Place/Changing
the Nature of Alberta*



Anniversary Bricks are Going Fast!



25TH ANNIVERSARY LEGACY BRICK PATHWAY

2017 sees us celebrate the 25th anniversary of the founding of the Friends of Fish Creek, and we will be replacing the pathway to the front door of the Cookhouse with a special brick pathway consisting of bricks bearing dedications or messages from donors.

This is a great opportunity to leave a legacy in the park for a loved one or to show support for the work the Friends do toward the sustainability and enjoyment of Fish Creek Provincial Park.

Less than 180 bricks available. Get yours today!

\$250.00 / brick and you will receive a tax receipt.

For more information contact the Friends or visit www.friendsoffishcreek.org/brick



INTRODUCTION TO PHOTOGRAPHY WITH BOB BAKKER

Do you need help or ideas with photographic composition and camera operation? Instructor Bob Bakker is a film and photography enthusiast who has completed the photography certificate program at SAIT. The class will tour the park in the open-air minibus, and we'll make a few stops along the way so that you can take photos, try some techniques, and ask questions.

Bring your camera, camera manual, and enthusiasm. Tripod optional. All tours leave from the Bow Valley Ranch.

Fee is \$20 per person. Registration required and space is limited to 8 participants.

Upcoming courses: - Sep. 7, 9:00 - 11:00 am; Sep. 14, 6:30 - 8:30 pm; Sep. 23, 9:00 - 11:00 am

For more information or to register visit www.friendsoffishcreek.org/programs/minibus

CELEBRATING MILESTONES AT PARKS DAY & CREEKFEST

This year, close to 2000 community members celebrated Canada 150 and the 25th anniversary of the Friends of Fish Creek with us at Parks Day & Creekfest on July 15. This one-day event is an important component to our watershed awareness campaign, that encourages environmental stewardship and highlights this province's protected parks.



Peter Puffin's Whale Tales at Parks Day & Creekfest on July 15. Photo courtesy of David Mitchell

Thank you to Parks Day & Creekfest supporters: the Watershed Stewardship Grant - a program of the Land Stewardship Centre is supported by Alberta Environment and Parks, Alberta Conservation Association, Alberta Real Estate Foundation, The City of Calgary, First Calgary Financial, The Calgary Foundation, the Pumphouse

Acclaimed local musician and songwriter Jennie Harluk helped kick off the festivities this year with a beautiful rendition of O Canada and captivating concert performance. The Friends were delighted to welcome Janis Turner from the Calgary Wildlife Rehabilitation Society, who gave an informative and heartwarming talk about the work that the CWRS does for injured animals. Diane Smith and Naomi Parker lead a Yo-Qi Wellness session, and kids and families enjoyed the experience. Alberta Parks theatrical interpreters presented the lively and humorous "Riddle of the Wetlands."

We were pleased to welcome back Peter Puffin's Whale Tales to Fish Creek for the seventh year in a row. His fun and amazing concert near the end of the day helped raise awareness about environmental conservation, and his song-writing workshop was also very popular with children and families. Wayne Meikle, founding member of the Friends of Fish Creek and retired park planner, led a guided walk of the new ATCO Heritage Grassland and Marshall Vokey, a wildlife and history enthusiast, conducted an informative beaver-education walk.

Special thanks to local MLAs Richard Gotfried and Graham Sucha for returning to Parks Day & Creekfest and helping to bring this annual event to life.

Theatre, Great Events Catering and the Bow Valley Ranche Restaurant.

It was wonderful to have so many community-focused groups and individuals who set up interactive displays and exhibits for kids and families. Special thanks to Fish Creek Provincial Park staff, the Government of Alberta, Alberta Hunter Education Instructors Association, Alberta Native Plant Council, Alberta Parks – Push to Open, Archaeological Society of Alberta – Calgary Centre, Bow Habitat Station and the Sam Livingstone Fish Hatchery, Calgary Crime Stoppers Association, Calgary Public Library, Calgary River Valleys, Carnivals for Kids at Heart, Graeme Connell, Green Calgary, Kananaskis Outfitters, MEC, Sylvia Prochownik, Rocky Mountain Adventure Medicine, Rocky Mountain Eagle Research Foundation, Ranche at Fish Creek Restoration Society, Trout Unlimited Canada, Weaselhead/Glenmore Park Preservation Society and Starbucks.

We are truly grateful for all the volunteers who helped in a variety of positions. This large-scale one-day event would not have been possible without their assistance. Thank you to everyone who came out and helped us celebrate two important milestones at Parks Day & Creekfest in Fish Creek!



25th Anniversary Survey

WE WANT TO HEAR FROM YOU!

As a part of celebrating the Friends' 25th anniversary, we have created a survey. After working in the park for 25 years, we would like to hear from our members, volunteers and the community about how we are doing, if we are on the right track and how we can improve over the next 25 years. Your responses will remain anonymous and will help us to gain a better understanding of the impact we have in the community and how our work can contribute to a sustainable Fish Creek Provincial Park. The deadline to take the survey is Thursday, August 31, and we sincerely appreciate your support and assistance. To take part in the survey visit <http://bit.ly/2tWZGXy>



REWILDING THROUGH RESTORATION



Photo courtesy of Anne Elliott

ReWilding Through Restoration is a program that encourages the regeneration of natural ecosystems within Fish Creek Provincial Park, allowing current and future generations of Albertans to reconnect with, and wonder at, Alberta's natural beauty.

- ReWilding Through Restoration involves the planting of poplars and other native vegetation along the banks of Fish Creek in areas that have become degraded by human activity.
- ReWilding Through Restoration serves to accelerate the natural processes along the creek, positively influencing the overall watershed health as vegetation quickly begins to grow and balance the system.

- Friends of Fish Creek volunteers take part in the planting, maintenance and monitoring of the ReWilding Through Restoration sites until the sites are fully established.
- ReWilding Through Restoration is only possible with the hands on support of volunteers and through donations that allow us to purchase the necessary supplies and equipment to make it happen.

Together, ReWilding is possible! It costs only \$15 to ReWild 1m² of Fish Creek Provincial Park.

For more information and to support ReWilding Through Restoration, visit www.friendsoffishcreek.org/rewild

REWILDING THROUGH RESTORATION GUIDED WALKS

WITH DREW MCKIBBEN

Sunday, September 17, 1:00 pm - 3:00 pm

Saturday, October 7, 1:00 pm - 3:00 pm

Only \$7 each. Meet at the Friends of Fish Creek office (the Cookhouse) at the Bow Valley Ranch in Fish Creek Provincial Park.

Many areas within Fish Creek Provincial Park suffer from the intensity of human use; this is particularly the case along the banks of Fish Creek where human activity can contribute significantly to an overall decline in ecosystem health. Join Drew McKibben to learn about how this happens and how the Friends work to engage the community at large in helping to "ReWild" the park through hands-on stewardship work.

To register visit www.friendsoffishcreek.org/event/rewilding-walking-tour

DON STILES

WORKING HARD TO MAINTAIN BIODIVERSITY IN THE PARK

We are pleased to introduce Don Stiles as our Volunteer in Profile. You may not know his name, but members and volunteers will most likely have seen Don volunteering at weed pulls and attending Fish Creek Speaker Series talks. He is passionate about the environment and protecting Fish Creek Provincial Park. During any season, Don works hard picking up litter in his neighbourhood and within the park.

Don has been helping the Friends since 1992 after he retired from his position as a geophysicist for Texaco. As the Friends was beginning to establish itself as a community-focused non-profit group based at the Fish Creek Environmental Learning Centre, he got involved with weed pulls to combat the spread of invasive species. He recently took the time to answer a few questions for readers of the *Voice of the Friends* about his experiences in Fish Creek over the years.

Don has been instrumental in reducing the spread of invasive plant species in the park and cites the Weed Whackers program as his favourite volunteer activity. "I get a great feeling of satisfaction from clearing out patches of noxious weeds in the park," he said "In recent years we have pulled burdock, knapweed and yellow clematis. In the past, we did remove leafy spurge for a few seasons, but fighting leafy spurge was a losing battle, so now we concentrate on places where we can make a difference." Through the Friends' Weed Whackers program, volunteers like Don help to remove hundreds of kilos of weeds from the park and maintain biodiversity.

Don enjoys keeping in shape with a daily 45 minute morning walk in his Lake Bonavista neighbourhood, and frequently visits areas in the east end of the park. "I especially appreciate the places where native plants grow such as the escarpment west of Hull's Wood and Sikome Aquatic Facility."

Fish Creek Provincial Park provides countless

opportunities for nature appreciation and viewing wildlife. "One fall while hiking in the vicinity of Votier's Flats I came across a young black bear," Don said, "When he saw me he turned around and headed west at a rapid pace. That was a wildlife encounter I will never forget."



Originally raised on a farm near Didsbury, Don spent most of his working career in Calgary. He even recalls Marg Southern giving a presentation in the early 1970s about saving Fish Creek. Thanks to community groups, the honorable Peter Lougheed and other public figures, the Fish Creek valley narrowly escaped development and Fish Creek became a provincially protected area.

"The biggest change I have seen in the park is the increased number of people using the area," he said, "and the biggest challenge facing the park right now is to encourage park users to appreciate the area and maintain it for future generations. Park visitors need to refrain from leaving garbage behind and increasing the problem of off-trail use by making additional tracks through sensitive vegetation."

Don's passion for the preservation of native plant species and biodiversity expands beyond Fish Creek Provincial Park and he is a member of the Alberta Native Plant Council. We were very pleased that he was able to attend Parks Day & Creekfest in recent years to represent this important group (*pictured above at Parks Day & Creekfest on July 15.*)

Thanks Don and keep up the great work!

*Would you like to nominate yourself or someone you know for the Volunteer In Profile for an upcoming issue?
Call 403-238-3841 or email info@friendsoffishcreek.org*

RENEW YOUR COMMITMENT TO THIS CHERISHED NATURAL AREA

The Friends would like to thank you for your role in helping us reach our 25th year of bringing the park and community together! As we celebrate this milestone, we invite you to renew your commitment to Fish Creek for the 2017 – 18 year.



presented by AltaLink (BFK) is a local program that provides a truly remarkable opportunity to support Learning Naturally.

Our goal is to raise \$10,000 this summer and bring 1000 children to Fish Creek. BFK runs in conjunction

Membership fees provide essential funding for us to develop programs, courses, events and activities to engage community members, strengthen our message of environmental stewardship and work to conserve Fish Creek Provincial Park. Members receive admission to educational talks, a discount on the popular birding courses, discounts at local businesses and this newsletter.

Did you know that the Friends' Learning Naturally program provides children between grades K – 6 with unforgettable learning experiences in Fish Creek that they otherwise may not have? Birdies for Kids

with the Shaw Charity Classic Golf Tournament and any donation made before September 3 will be matched up to 50% through this amazing program. We invite you to donate and talk to your family, friends and co-workers about contributing. For more information about Birdies for Kids, please see page 11 or visit www.friendsoffishcreek.org/birdies

We invite you to renew your commitment online at www.friendsoffishcreek.org/membership, in person at the Cookhouse at the Bow Valley Ranch or by mailing in this form. Thank you again for your support.

The Friends of Fish Creek, P.O. Box 2780 Stn M Calgary, AB T2P 2M7
403-238-3841 info@friendsoffishcreek.org www.friendsoffishcreek.org

Name: _____ Phone: _____

email: _____ Address: _____

City and Province: _____ Postal Code: _____

Work place (optional): _____

☐ Membership Renewal ☐ New Member ☐ I would like to make a donation

☐ Please send me information about leaving a gift in my will

☐ Park Protector Monthly Donor Plan:

Monthly Contribution ☐ \$10.00 ☐ \$30.00 ☐ \$50.00

Membership: Individual ☐ \$35.00 Family ☐ \$45.00

Senior (+60 years of age) Individual ☐ \$25.00 Family ☐ \$30.00

Donation: ☐ \$25 ☐ \$50 ☐ \$100 ☐ Other: \$ _____

Please Fill out: Membership \$ _____ Donation \$ _____ Total \$ _____

To pay online: www.friendsoffishcreek.org/membership or donate on CanadaHelps.org

(Charitable Registration #891199747 RR0001)

NEWSLETTER: ☐ email ☐ send paper copy

Signature of donor or member: _____

Tax receipts will be issued for donations of \$10.00 or more or if requested.



Wellness in Fish Creek

ENGAGING COMMUNITY MEMBERS AND FOSTERING OVERALL WELLNESS

Don't we all simply feel better when we are outside? There are many health benefits associated with spending time outdoors, and Fish Creek Provincial Park is a perfect venue to take part in activities that support a balanced, healthy lifestyle. Yoga, Full Moon Meditation Sessions and Spring Forest Qi-Gong cost only \$10 each and Forest Bathing costs \$25.

Forest Bathing: Discovering the Medicine of the Forest Tuesday, September 12 from 6:30 - 8:30 pm

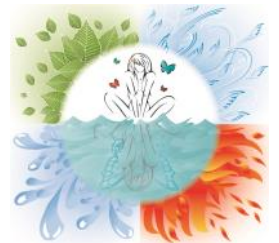
Shinrin Yoku is used in the Japanese healthcare system. Doctors prescribe time in nature to reduce stress and to increase creativity and overall wellness. This gentle model is ideal for all types of people and abilities. Join instructor Ronna Schneberger for this two-hour workshop and learn about the concept and practice of this healing modality. Ronna is a naturalist and guide in Banff National Park, is the first person in Alberta to teach the famous Japanese practice of Shinrin Yoku or Forest Bathing. **To register visit www.friendsoffishcreek.org/event/forest**



Yoga in the Park

Wednesdays from 7:00 - 8:30 pm until August 30, and from 7:00 - 8:00 pm September 13 and 20

Naomi Parker and Gwen Draude team up again for their fifth season of yoga in the park! They focus on a form of practice known as Raja or "Royal" yoga, which emphasizes the connection between body, energy, and mind through postures, meditation, and breathing techniques. Find your balance with Naomi and Gwen in beautiful Fish Creek Provincial Park and connect with true bliss – if only for an hour and a half at a time!



Spring Forest Qi-Gong Mondays from 7:00 - 8:00 pm until August 28

This meditative practice is based on the ancient wisdom and belief that we all have the power and ability to heal ourselves. Spring Forest Qi-Gong incorporates simple moving meditations to help open your heart, mind and physical self. Side effects – more happiness, and improved mobility and health! Join instructor Diane Smith on a journey towards balanced and flowing energy this summer!

Full Moon Meditation Wednesday, September 6 from 7:00 - 8:30 pm

Our Wellness instructors will each take a turn in offering guided meditation sessions on full moon evenings throughout the summer. Join in on the amazing full moon energy!

For more information or to register visit www.friendsoffishcreek.org/programs/wellness-clinics

See next page for more Wellness Opportunities

Wellness in Fish Creek cont'd from previous page**PAINTING IN THE PARK**

Join the Friends as we venture into all things artistic with a few fun and creative outdoor painting workshops!

**Plein Air - Beginners Water Colour Painting**

10:00 am - 2:00 pm on August 17, Instructed by Yasmin Irani

Yasmin Irani graduated with honors with a Bachelor of Fine Arts Degree, from The College of Art, New Delhi, and painted in a variety of continents over the course of many years. Her painting style is impressionist whether in acrylics, oils, pastels, inks or watercolours.

Painting Among the Trees: 10:00 am - 2:00 pm on August 15, Instructed by Jim Pescott

Jim Pescott is an internationally recognized and award-winning pointillism artist, and long-time supporter of the Friends. Allow the scene to speak to you and share what you see on the canvas. This "Plein Air" (outdoor) painting workshop will have you experiment with a unique painting style called "pointillism" where images are created through the use of many tiny, colorful dots. Perfect for painters of any skill level, from beginner to experienced.



Registration required and space is limited. For more info or to register visit www.friendsoffishcreek.org/programs/wellness-clinics

For Painting in the Park classes, please print your ticket and bring to Kensington Art Supply & Instruction for a 15% discount on supplies (120, 6999 - 11 Street SE, Calgary, AB T2H 2S1 403-283-2288 www.kensingtonartsupply.com)

**Good Grief!****GOOD GRIEF! NATURE WALKING THROUGH GRIEF AND LOSS**

**8 week program runs Monday nights,
September 11 - October 30 from 6:30 pm - 8:00 pm**

This successful program will be continuing in the fall, and if you are experiencing grief or loss, we invite you to join us. Good Grief offers those experiencing grief and loss, just

that: a gentle, accessible, guided walk through nature, to observe, to chat, to enjoy fresh air and the natural world. The meeting place for our walks will change each week; once registered, you'll receive the schedule.

Registration required and space is limited. Fee for the program is \$25 To register or for more information visit

www.friendsoffishcreek.org/event/good-grief2

Photo courtesy of Alice Glowacki



Watch the
story on CTV
News!
[www.calgary.
ctvnews.ca/
video?clipId
=1151219](http://www.calgary.ctvnews.ca/video?clipId=1151219)

TD Learning Naturally Needs Your Support!



**HELP PROVIDE UNFORGETTABLE
OUTDOOR LEARNING EXPERIENCES
FOR KIDS IN FISH CREEK!
BIRDIES FOR KIDS
PRESENTED BY ALTALINK WILL
MATCH YOUR DONATION UP TO 50%!**



Birdies for Kids presented by AltaLink provides a truly remarkable opportunity for the Friends of Fish Creek to support the TD Learning Naturally program, but we need your help!

Many of the students who visit the park through their TD Learning Naturally field trip experience the wonders of this cherished natural area for the first time. It costs only \$10 to provide one unforgettable day of learning in Fish Creek for a student who otherwise may not have the opportunity. Help us reach our goal of raising \$10,000 to bring 1000 elementary school students to Fish Creek Provincial Park.

The Friends are truly grateful to the Patron Group,

Shaw Communications, AltaLink and the Shaw Charity Classic foundation for welcoming TD Learning Naturally as one of 124 local youth focused charities to participate in Birdies for Kids for the third year in a row. This program has immense potential and we encourage you to donate and speak to your employer about making a tax-deductible donation.

Birdies for Kids is just one aspect of the Shaw Charity Classic Golf Tournament held every year at the Canyon Meadows Golf and Country Club. The Friends of Fish Creek thank you in advance for generously supporting this essential program. For more information, please contact the Friends of Fish Creek or visit www.friendsoffishcreek.org/birdies

WALKING TOURS - LEAVE IT TO BEAVER

Tuesdays, August 15 and 22, 4:30 pm - 6:30 pm

Meet in the Hull's Wood parking lot, Fish Creek Provincial Park

We call them nature's engineers for good reason. No species other than humans has the potential to change the landscape as much as beavers do. They are strong, intelligent, hard working and make a significant contribution to watershed resiliency. Join us to understand their role in Canadian history and the part they play as integral members of the greater wildlife community. Tour will be led by Marshall Vokey. Marshall is a graduate from the University of Guelph who is new to Calgary and is enjoying becoming familiar with Fish Creek Provincial Park and the local flora and fauna. **The fee for each walk is only \$5 per person**



To register visit www.friendsoffishcreek.org/event/leave-it-to-beaver-walking-tour

Photo courtesy of Phil Smith

Thank You Supporters!

Bobcat Level:

Beaver Level:



TD Friends of the
Environment
Foundation

firstcalgary
FINANCIAL

QUIZ ANSWER - JUNE / JULY ISSUE

What are some ways that beavers help to improve water quality and increase biodiversity?

While beavers can be problematic in urban parks, in more natural ecosystems beavers are incredibly beneficial to other wildlife. Beavers help to distribute water and increase areas of fresh, clean water, and help filter water that passes through their dams. Sediment is trapped behind their dams, which improves water quality and results in nutrient rich soil. Beavers create wetland habitat which supports a variety of wildlife species, such as birds, mammals, and fish that benefit from deep pools of water created by the construction of their dams. Even after beavers leave an area, the surface water remains and benefits other local wildlife species. One of the beaver's natural predators is the grizzly bear, so increased beaver populations may also help to increase grizzly bear populations.

Cows and Fish

2017 Executive

Chairman	Tom Jackman
Vice-Chairman	David Mitchell
Treasurer	Phil Greer
Secretary	Stewart Scott
Director at Large	Bob Morrin
Director at Large	Richard Link
Director at Large	Henry Villanueva
Director at Large	Linda Dudar
Director at Large	Lori Mainland
Director at Large	Robert Bell
Director at Large	Kari Horn
Park Liaison	Jennell Rempel

Staff

Nic DeGama-Blanchet, Executive Director
nic@friendsoffishcreek.org

Shana Barbour, Program Coordinator
shana@friendsoffishcreek.org

Kumiko Kamiike, Program Assistant
kumiko@friendsoffishcreek.org

Chris Lalonde, Communications Coordinator
chris@friendsoffishcreek.org

LEARN TO SWIM AT SIKOME!

For information on new swimming lessons provided at Sikome Aquatic facility and to register visit goo.gl/fUqRju

New drop-in programs for people visiting Sikome include Boat and Beach Safety, Swiftwater Safety, Wildlife Safety and more! Visit goo.gl/9gh4MN to learn more

SIKOME SURVEY

Alberta Parks is seeking public input on a draft Sikome Aquatic Facility redevelopment plan, and would like to hear from you! Please complete the survey to share your ideas about Sikome. The survey will be available until August 26. To take part in the survey visit goo.gl/PMC1Rs

Nature Calgary Outings



These free Birding seminars will take you to various natural areas in and around Calgary where you can explore the bird species found in these diverse environments, increase your bird knowledge and have fun. Willing to share your knowledge with others? Call the Calgary Field Naturalists' Society - 403-243-2248 to specify a date and location. For a complete list of upcoming outings, visit naturecalgary.com

Saturday, August 26, 2017 8:30 am Birding at North Glenmore Park. Meet in parking lot C just west of the Rowing Club. Can be accessed from south end of Crowchild Tr. SE. Leader Penny Smith, 403-249-5997