

Our mission is: To engage the community through education and awareness to conserve a truly unique naturalized urban park.

www.friendsoffishcreek.org

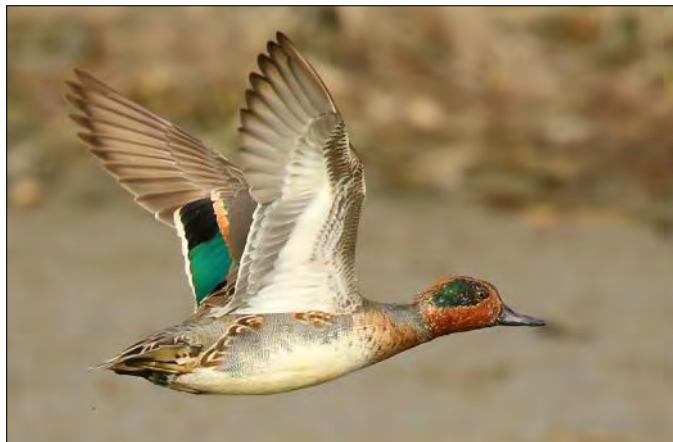
PO Box 2780 Stn M Calgary, Alberta T2P 2M7 403-238-3841

Volume 23, Issue 4
Aug / Sep 2018

AUTUMN BIRDING COURSE

**14 Week Autumn Birding Course runs
Monday, September 3, 2018 - Sunday December 9, 2018.**

**Win a round-trip
flight for 2 to
anywhere WestJet
Flies! See page 3 for
more info**



Autumn is one of the best times of year for birding. Between September and December, you can see, hear and learn about more than 150 bird species. As the leaves drop off the trees in the cooler months, many of the smaller migratory birds will be much easier to see. Outings are organized by Gus Yaki, a lifelong naturalist who has birded around the world, and are led by Gus and other experienced instructors. All birding course sessions are held in the great outdoors - in Fish Creek Provincial Park and other natural areas within Calgary.

Start times Monday - Thursday: 9:15 am. Saturdays: 9:00 am, Sundays: 9:00 am and 1:15 pm
Each outing is approx. 2.5 - 3 hours. Choose to come 1 or 2 days / week

Fee: Once a week outing, Friends of Fish Creek Members: \$60.00, Non-members: \$100.00

Twice a week outings, Friends Members: \$100.00, Non-members: \$150.00

Youth 16 years of age or younger with registered adult: \$5.00

Registration Required. For more information or to register visit

www.friendsoffishcreek.org/programs/birding-course

Green-Winged Teal, photo courtesy of Tim Hopwood

WELLNESS IN FISH CREEK

Starting in August, experience Guided Meditations at the Bow Valley Ranch on Wednesday evenings. Wellness Tuesdays continue in August with Yoga and Spring Forest Qi Gong! *See page 9 for more info*



Also in this Issue:

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Ghosts of Fish Creek, Nature Calgary

Fish Creek Speaker Series

The Friends of Fish Creek Speaker Series presentations will take place at the Fish Creek Environmental Learning Centre at Shannon Terrace in Fish Creek Provincial Park (13931 Woodpath Rd. SW, access via 130 Ave. SW and 37 St. SW.) Presentations are free to Friends of Fish Creek members and \$5 for non-members. Refreshments are available on a first come, first served basis. **Please park near washroom facility.**

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Do you have a blog or vlog? The Friends would like your help in raising awareness about programs, course and events in Fish Creek. For info chris@friendsof-fishcreek.org

Planned Giving – Leaving a Legacy for Future Generations and Healthy Families

Thursday, September 20, 2018 7:00 pm – 8:00 pm

Presented by Henry Villanueva, Wills and Estates Lawyer

Do you have a legal will? Most people think about writing a will or changing their will following a life-changing experience, like a marriage or divorce, having a child, or a family member's passing. A will is an important part of an estate plan – a plan for the future that should reflect and protect what is most important to you and your family. Estate planning is having a say in what happens to your assets, and it protects your wealth for the enjoyment of your loved ones. Having a planned gift is also a great way to help support causes that are important to you, and regardless of the size of your gift, your contribution will make a lasting and vital impact. Join Henry Villanueva, Wills and Estates Lawyer, to learn about wills, estate plans, trustees, beneficiaries, charitable planned giving and how you can leave a lasting legacy that improves the quality of life for future generations.



Photo courtesy of Caleb Jones, Unsplash

For more info on upcoming presentations stay tuned to www.friendsoffishcreek.org/programs/speaker-series



THANK YOU CASINO VOLUNTEERS

The Friends held our Casino on Saturday and Sunday, July 14 and 15 at the Deerfoot Inn & Casino and we would like to express our thanks to all of the volunteers who helped out with this important fundraiser. The Casino takes place every eighteen months and provides essential funding for us to continue our work in Fish Creek Provincial Park.

Thank you to all volunteers, including Anne Aubrecht, Bob and Marie Bakker, Darcy Biever, Sheila Carter, Joe and Toni Cavar, Gail Chapman, Karen Chow, Jacqueline Deegan, Ron Deshayes, Doreen Fulton, Phil Greer, Joanne Hatch, Mark Jordan, Mark Kolke, Olivia Laing, Sunil and Sara Maharaj, Wayne Meikle, Steve Mulholland, Neil Puffer, Bryan Simpson, Jennifer Solem, Eugene and Anne Swain, Stuart Simpson and Jean Channon-Simpson, Lynn Tajcnar, Sandy Tsai, Darren Way and Syl Zacher.

Quiz Question

Which provincial park located south west of Calgary recently received a pledge of \$3 million for upgrades from the provincial government? *The correct answer will be announced in the next issue of Voice of the Friends.*

Save the Date!

THE FRIENDS OF FISH CREEK PRESENTS

A TASTE OF AUTUMN



WINE & BEER TASTING AND SILENT AUCTION FUNDRAISER

Friday, September 28, 2018 6:30 - 9:30 pm

Canyon Meadows Golf & Country Club, 12501 14 Street SW
Overlooking the beautiful Votier's Flats area and Fish Creek Valley

Featuring Keynote Speaker Harry Sanders, Calgary based Historian, Historical Consultant,
Freelance Writer, Public Speaker, and former Calgary Historian Laureate

Tickets available at the Cookhouse and online at
www.friendsoffishcreek.org/event/autumn18

Tickets only \$75 and you will receive a tax receipt for \$35.



Get your WestJet Gift of Flight Raffle tickets for a chance to win one roundtrip flight for two guests to any regularly scheduled and marketed WestJet destination*!
(*Maximum potential retail value: \$2,900. No cash value. Black out dates and restrictions apply).





NIGHT SKY WONDERS

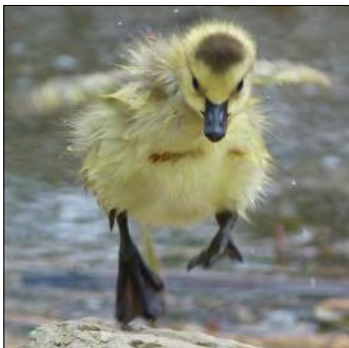
WEDNESDAY, OCTOBER 17, 6:30 PM – 8:30 PM
BOW VALLEY RANCH, FISH CREEK PROVINCIAL PARK

Night Sky Wonders with Astronomer Don Hladiuk - Do you ever look up at the night sky and wonder about what it is that you see? Join the Friends of Fish Creek to learn about local fall and winter constellations and events. Presenter Don Hladiuk will start the evening with an indoor presentation to provide some astronomy basics, then we'll head outside (weather permitting) for a look at the night sky in all its wonder! Complementary hot drinks will be available, so please bring a travel mug! \$15 per person, children 12 and under are free!

To register visit friendsoffishcreek.org/event/night-sky-wonders-with-don-hladiuk

Photo courtesy of Don Hladiuk

REWILDING THROUGH RESTORATION



ReWilding Through Restoration is a program that encourages the regeneration of natural ecosystems within Fish Creek Provincial Park, allowing current and future generations of Albertans to reconnect with, and wonder at, Alberta's natural beauty.

- ReWilding Through Restoration involves actions like the planting of poplars and other native vegetation along the banks of Fish Creek in areas that have become degraded by human activity.
- ReWilding Through Restoration serves to accelerate the natural processes along the creek, positively influencing the overall watershed health as vegetation quickly begins to grow and balance the system.
- Friends of Fish Creek volunteers take part in the planting, maintenance and monitoring of the ReWilding Through Restoration sites until the sites are fully established.
- ReWilding Through Restoration is only possible with the hands on support of volunteers and through donations that allow us to purchase the necessary supplies and equipment to make it happen.

Together, ReWilding is possible! For more information and to support ReWilding Through Restoration, visit www.friendsoffishcreek.org/rewild

Photo courtesy of Anne Elliott

PARKS DAY & CREEKFEST

A CELEBRATION OF WATER, ALBERTA'S PARKS AND COMMUNITY

Parks Day & Creekfest in Fish Creek is an important component of the Friends' Watershed Stewardship campaign, designed to raise awareness about water conservation and environmental issues within the community. The eighth annual Parks Day & Creekfest took place on July 21 at the Bow Valley Ranch and it was wonderful that so many families came out to enjoy the festival.



Thank you to all of the exhibitors who attended: Alberta Institute for Wildlife Conservation, AB Native Plant Council, AB Environment and Parks (AEP) - Bow Habitat Station, AEP Ecology, AEP Trail Crew, Calgary Jump Crew (pictured here,) Calgary River Forum Society, Cardel Homes Calgary, CPAWS, Calgary

Public Library, CAWST, Green Calgary, The Juice Plus Company, Rocky Mountain Adaptive, Rocky Mountain Eagle Research Foundation, Trout Unlimited Canada, and Wildlife Preservation Canada.

New at Parks Day & Creekfest this year, The History Wrangler and The Dusty Saddle Gang performed on the stage, and Michelle and Peter, the Juggling Clowns, taught kids and families how to juggle. Peter Puffin's Whale Tales came out to Parks Day & Creekfest for the eighth year in a row to lead a song-writing workshop and perform an interactive concert. Ali Boyce and Chris Nadeau from Alberta Parks Interpretive Theatre performed the "Locomotion Olympics" to entertain and inform about local wildlife.

At Parks Day & Creekfest Wayne Meikle led a walk of the ATCO Heritage Grassland, and David Mitchell and Jennifer Solem led a guided birding walk. Artist and Friends supporter Sylvia Prochownik painted rain barrels with kids and families, and artist and member Jim Pescott discussed his art with community members. Local author Graeme Connell also sold copies of his book *Uncharted* on behalf of the Friends, and volunteer Ron Deshayes did an amazing job as MC for the day. This event would not have been possible without the help of Dave Arnott, lead Parks Day & Creekfest volunteer. Thank you to all of the amazing volunteers who helped before, during and after the event, including Friends volunteers and those from Youth Central and the Calgary Drop In Centre.

We were also pleased to welcome Richard Gottfried MLA for Calgary-Fish Creek and Diane Colley-Urquhart Ward 14 Councillor to the event. A big thank you to John Beck for providing essential technical services, to Carnivals for Kids at Heart, Starbucks and to Fish Creek Provincial Park staff for contributing to the success of this event. We are very grateful to Great Events Catering and the Bow Valley Rancho Restaurant for generously providing lunch for our volunteers, performers and exhibitors. Thank you to local media for attending and helping to raise awareness about Parks Day & Creekfest.

Like Parks Day & Creekfest and stay tuned for photos at www.facebook.com/CREEKFESTinFishCreek

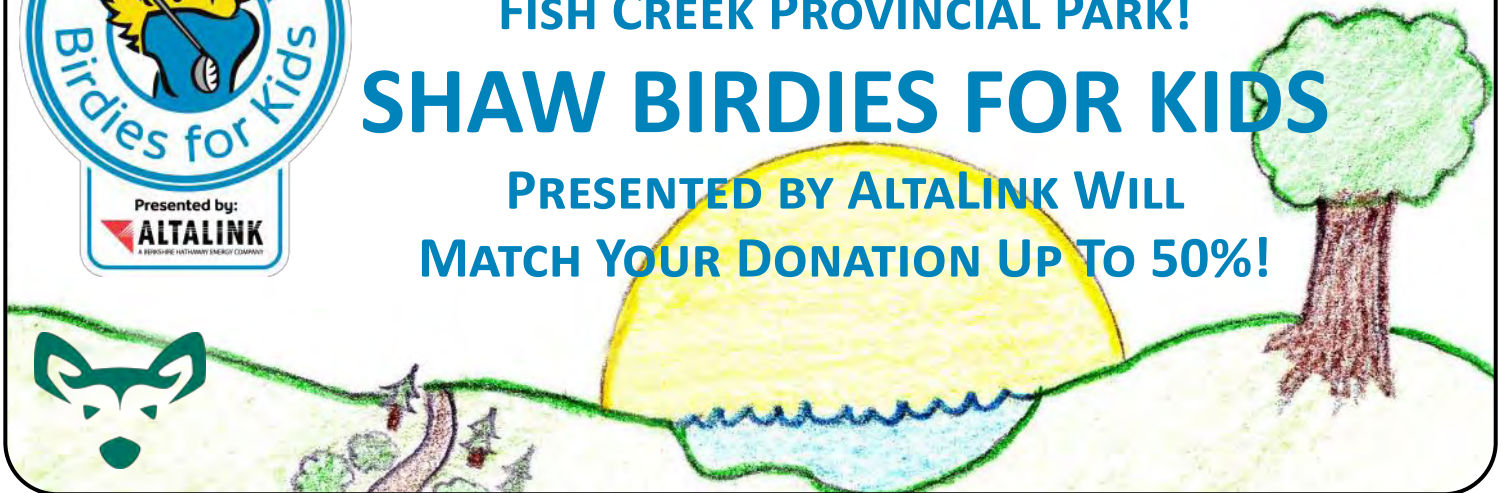
The Friends gratefully acknowledge the support of Cardel Homes Calgary for their generous contribution in support of Parks Day & Creekfest. Special thanks to Alberta Environment and Parks Watershed Resiliency and Restoration Program, Alberta EcoTrust, First Calgary Financial and The City of Calgary for supporting Parks Day & Creekfest. We gratefully acknowledge the generous support from the Pumphouse Theatre and The Calgary Foundation for the use of "The Calgary Foundation Centennial Stage."

TD Learning Naturally



SUPPORT UNFORGETTABLE OUTDOOR LEARNING EXPERIENCES FOR KIDS IN FISH CREEK PROVINCIAL PARK! **SHAW BIRDIES FOR KIDS**

**PRESENTED BY ALTALINK WILL
MATCH YOUR DONATION UP TO 50%!**



BIRDIES FOR KIDS RUNS UNTIL SUNDAY, SEPTEMBER 2

The Friends of Fish Creek are pleased to announce that the TD Learning Naturally program has once again been chosen as one of more than 120 local charities to participate in the Shaw Birdies for Kids presented by AltaLink program! TD Learning Naturally supports students between grades K – 6 from Calgary elementary schools located in economically disadvantaged neighborhoods and many of the students who visit the park through their TD Learning Naturally field trip experience the wonders of this cherished natural area for the first time. This essential and long-running program has never received government funding and its continuation relies on support from individuals and organizations.



It costs only \$10 to provide one unforgettable day of learning in Fish Creek for a student who otherwise may not have this opportunity. Last year, thanks to the generosity of donors and Birdies for Kids, we surpassed our goal to raise over \$10,000. This year, we would like to raise \$20,000 in order to bring 2,000 children to Fish Creek but we need your help! From now until the end of the Shaw Charity Classic, which runs August 29 – September 2 at the Canyon Meadows Golf & Country Club, every dollar donated through BFK will be matched up to 50% by the Shaw Charity Classic foundation and partnering organizations. Special thanks to the Patron Group, Shaw Communications, AltaLink and the Shaw Charity Classic foundation for once again welcoming TD Learning Naturally into this amazing program.

For more information on how you can support TD Learning Naturally in Fish Creek please contact the Friends or visit www.friendsoffishcreek.org/birdies-for-kids

Photo of 2017 Shaw Charity Classic courtesy of Shaw Charity Classic Foundation

REWILDING IN FISH CREEK PROVINCIAL PARK



As we move closer to the fall season, the Friends begin to focus our efforts on “ReWilding” through our riparian restoration projects. Riparian areas

are transition zones between land and water that are characterized by water-loving plant species such as willows, dogwood and balsam poplar; they are incredibly rich in biodiversity and provide important ecosystem services including drought and flood mitigation when they are functioning well. However, Fish Creek Provincial Park is a well-loved and highly visited place, and this can result in degraded areas along the creek that negatively impact the system’s ability to function well. Our ReWilding projects are designed to help mitigate the negative impacts of human use in the park, thereby increasing flood resiliency and recovery following high water or flood events.

Riparian Stewards are volunteers who take on different tasks involved in this work, such as scarifying (breaking up) soil, digging out invasive weeds, planting native shrubs and trees, spreading native plant seed and erecting protective fences to close off the restoration sites. Each year we depend on dozens of volunteers

to help execute these projects and this year we are excited to be working with volunteers in the new role of Riparian Monitoring Steward. These Stewards have been trained by the [Alberta Riparian Habitat Management Society](#) (also known as Cows and Fish) to complete riparian health assessments that will be used to help us prioritize and plan our restoration projects for the coming years. They are currently assessing the health of a one-kilometer stretch of Fish Creek, directly west of Bridge 11 and by September, we will have chosen our new restoration sites based on these reports!

Our ReWilding field work will take place during the week of October 15; details on exact dates and times will be posted on our website in the coming weeks. [Check out our website](#) for more information or to find out how you can volunteer!

We are grateful to our partners who have supported us since 2014 on the planning and execution of our ReWilding work: [Alberta Environment and Parks](#), [Cows and Fish](#), [Trout Unlimited Canada](#) and the [Venturers Society](#). These projects would not be possible without the generous financial support of our funders: [Alberta Environment and Parks – Watershed Resiliency and Restoration Program](#) and [Alberta Ecotrust Foundation](#)



EXPLORE FISH CREEK PROVINCIAL PARK

Photography in the Park Minibus Tour - Learn the finer points of photography for DSLR or point and shoot cameras. Instructed by Bob Bakker, Film and Digital Photography Enthusiast

- Saturday, August 18, 9:00 am - 11:00 am
- Tuesday, September 11, 6:00 pm - 8:00 pm

Archaeology in the Park: Finding the Pioneers - Hear stories about the first European settlers in the Fish Creek Valley and how we have pieced together evidence through what they left behind to learn about what life would have been like in the late 1800s. Outing led by Drew McKibben, Friends of Fish Creek Tour Guide.

- Sunday, August 26, 1:00 pm - 4:00 pm

Registration Required and fees apply. For more information or to register visit <https://friendsoffishcreek.org/programs/minibus/>





25th ANNIVERSARY BRICK PATHWAY

Phase 2 Bricks are Now Sold Out and
Phase 3 Bricks are Selling Fast!

Thank you to everyone who dedicated a brick, we sincerely appreciate your support!

A dedication brick would make an amazing gift for anyone you know who enjoys visiting Fish Creek or as a memorial to a loved one. Become part of history and show your support for this cherished natural area by dedicating a brick today. All funds raised through this program will help us to realize our vision of a sustainable Fish Creek Provincial Park that improves the lives of current and future generations. There are only 100 anniversary bricks available to be installed in front of the Friends' office at the Cookhouse so get yours today. Bricks are only \$250 each and you will receive a tax receipt.

For more information contact the Friends or visit www.friendsoffishcreek.org/brick

NEW BIRD BLIND NEAR BURNSMEAD

Birding is one of the most popular activities in the park, and birding enthusiasts come from all around the city for opportunities to catch a glimpse or photo of whatever they are lucky enough to see. This year, a new addition to the park will contribute to the already amazing birding experience in the park! Several years ago, the Friends were approached by naturalist Gus Yaki, the lead volunteer of our popular Birding Course, about the possibility of building a bird blind in the park. We located a design used at the East Point Bird Sanctuary in Toronto.

Our blind was built over the winter and erected in March; it can be found in the east end of the park near the Burnsmead wetlands. It is a steel structure that functions as a blind but is also quite unique-looking, bringing a bit of "art" to the park. If you are going to visit the blind, we ask that you park in the Burnsmead lot and walk east, parallel to the road, to reach it. It is against Park regulations to park along the roadway. Also, please remember - no matter how enticing it might be to do so - it is also illegal to feed wildlife in a Provincial Park, and this includes birds. Like all of our projects, the bird blind was a result of a true group effort and partnership made possible through consultation and collaboration with Alberta Parks, Nature Calgary and Friends Birding community.

August Schedule

WELLNESS IN FISH CREEK

Friends of Fish Creek Wellness-based programs provide amazing opportunities to relax and unwind in a beautiful natural setting within the city. Connect with nature, yourself and other community members as Wellness programs continue into August. Yoga, Spring Forest Qi Gong, and Guided Meditations substantially benefit physical and mental health.



Pick up your Wellness Pass for only \$50 and enjoy 6 Wellness sessions for the price of 5!

Yoga in the Park - these sessions will move to Tuesdays from 7:00 pm - 8:30 pm (previously held on Wednesdays) until August 28. We are grateful to Naomi Parker and Gwen Draude for their continued commitment as instructors in this program over the past several years.

Spring Forest Qi Gong - these sessions will move from Mondays to Tuesdays, from 9:30 am - 10:30 am until August 28. Join Diane Smith, in her third year as a Wellness Program instructor, for these beautifully energizing and balancing sessions.

Thank You Friends of Fish Creek Wellness Instructors

Gwen Draude received her 200 hour yoga teacher training certification in 2012 from Sunshine Yoga Academy in Calgary. Yoga continues to teach her the fundamentals of slowing down, being present, breathing deeply, and learning to let go of meaningless worries or thoughts.

Naomi Parker, of Elemental Wellness, is a Certified Fairy Intuitive Healing Practitioner, Reiki Master, Registered Yoga Teacher, Mudra Therapist, and Spiritual Response Therapist (SRT). You can find out more about Naomi's practice and services offered through Elemental Wellness at www.elementalwellnessandyoga.com

Divya Singh has been teaching meditation programs for over eight years in India and Canada, and has touched hundreds of lives with her stress-relieving breathing techniques and meditation practices.

Diane Smith is one of four Certified Instructors and Master Healers in Canada. While practicing Spring Forest Qi Gong, she experienced a profound shift in her life and is now passionate about sharing how SFQ as a lifestyle can positively influence health and well-being. Diane's practice has given her balance, joy, peace, creativity and a stronger sense of self, family and community.

New for August 2018:

From Movement to Stillness - Meditation in the Park

Wednesdays, August 8 - 29, 2018
6:30 pm - 7:30 pm

Learn simple yet effective techniques to deal with stress, quieten the mind and find mind-body-soul alignment through these Guided Meditations in Fish

Creek. Meditation Instructor Divya Singh will provide amazing opportunities for you to move from the outer realm of your life to the inner sanctuary of being, experiencing a deep sense of peace and fulfillment, all while connecting with the beauty of the park.

Guided Meditation - August 30 from 7:00 - 8:30 pm

Take a break from the busy summer season, let go of outside distractions and enjoy this meditation session in Fish Creek Provincial Park. Meditation is a practical way to slow the mind, bring yourself into the present moment and allow you to just be. After a meditation you will find yourself blissfully relaxed, focused and peaceful.

For more information and to register please visit friendsoffishcreek.org/programs/wellness-clinics

PARK PROTECTORS NEEDED



"I choose to support the Friends of Fish Creek because I am in the park almost daily and utilize every corner of it. What I can tell you is we are blessed to have such a large, diverse and beautiful park in our city and I feel as a regular user that my monthly donation is a small price to pay to keep our park beautiful and to educate the public."

- Kim Cole, Park Protector

The Friends of Fish Creek invite you to become a Park Protector and help protect and preserve Fish Creek

Provincial Park. As an alternative to annual membership renewals, the Park Protector program may suit your busy lifestyle a little better. As a Fish Creek Provincial Park Protector, you can make monthly donations to the Friends of Fish Creek, which are automatically withdrawn from your bank account, VISA or MasterCard account. A steady, reliable source of funding will enable the Friends to continue with ongoing field work, raising awareness about the park, and organizing and participating in community outreach activities. Park Protectors never have to worry about keeping donations or membership up to date and will receive one tax receipt a year.

Why become a Park Protector?

- Because monthly donations are one of the best ways to support the Friends of Fish Creek!
- It's flexible! You can increase or decrease your support, put it on hold for a few months or cancel at any time!
- You will receive monthly updates on Friends activities so you know how your donations are being used!

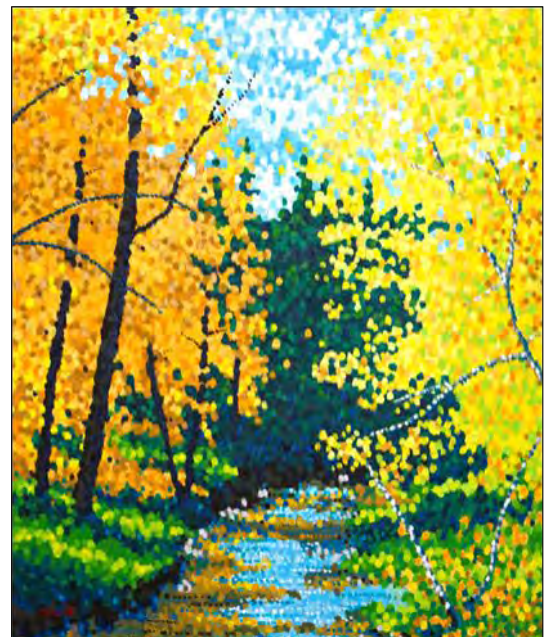
For more info visit www.friendsoffishcreek.org/park-protector-signup

AUTUMN COLOUR, FISH CREEK PROVINCIAL PARK

Limited Edition 25th Anniversary
Signature Painting by Jim Pescott

Each limited edition print is numbered and signed by Jim, and comes with a certificate of authenticity. There are only 21 of these very special limited edition prints of *Autumn Colour* available for purchase! There are only 6 "open edition" prints available (not numbered or signed).

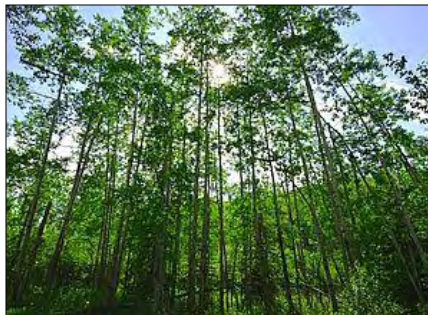
For more information or to purchase
Autumn Colour, Fish Creek Provincial Park
please drop by the office or visit
www.friendsoffishcreek.org/store



Friends of Fish Creek Membership

RENEW YOUR COMMITMENT TO A SUSTAINABLE FISH CREEK

Members are the foundation of the Friends of Fish Creek Provincial Park Society, and annual contributions help us to carry out our mission: *To engage the community through education and awareness to conserve a truly unique naturalized urban park.* Society benefits include regular updates on park events, admission to Fish Creek Speaker Series presentations, valuable discounts on the popular birding course, discounts at local businesses and this newsletter.



We hope you have enjoyed some of the programs, courses, events and activities we organize throughout the year in Fish Creek Provincial Park, like wellness and minibus outings, volunteer opportunities, and special presentations. As autumn approaches, we hope that you will join us for A Taste of Autumn – Wine & Beer Tasting and Silent Auction Fundraiser on September 28

(page 3), take part in the popular Autumn Birding Course (page 1), and support outdoor education by donating through Shaw Birdies for Kids presented by AltaLink (page 6).

As an alternative to annual membership renewals, you may be interested in the Park Protector monthly donor program, the most convenient way to support Fish Creek everyday (page 10).

You can renew your commitment to Fish Creek online at www.friendsoffishcreek.org/membership, in person at the Cookhouse at the Bow Valley Ranch, by mailing in the form at the bottom of this page with a cheque, or by calling us with a credit card number.

Thank you for your support and we look forward to seeing you in the park.

Photo courtesy of Shekar Jayashankar

Membership Form -

**The Friends of Fish Creek, PO Box 2780 Stn M Calgary, AB T2P 2M7
403-238-3841 info@friendsoffishcreek.org www.friendsoffishcreek.org**

For info about the Park Protector program visit www.friendsoffishcreek.org/park-protector-signup

Name: _____ **Phone:** _____

email: _____ **Address:** _____

City and Province: _____ **Postal Code:** _____ **Work place (optional):** _____

☐ Please send me information about leaving a gift in my will

Membership: **Individual** ☐ \$35.00 **Family** ☐ \$45.00

Senior (+60 years of age) **Individual** ☐ \$25.00 **Family** ☐ \$30.00

Donation: ☐ \$25 ☐ \$50 ☐ \$100 ☐ Other:\$ _____

Please Fill out:	Membership \$ _____	Donation \$ _____	Total \$ _____
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To pay online: www.friendsoffishcreek.org/membership or donate on CanadaHelps.org

(Charitable Registration #891199747 RR0001)

Signature of donor or member: _____

Applicants must be 18 years of age or older to become members. Tax receipts will be issued for donations of \$10.00 or more or if requested.

This issue is dedicated to the memory of Tony Turner, a hard-working and generous volunteer. Tony and his wife Leslie helped to raise awareness about environmental stewardship over the course of many years in Fish Creek.

Thank You Supporters!

Bobcat Level:



TD Friends of the
Environment
Foundation

Beaver Level:



2018 Executive

Chair	Bob Morrin
Vice-Chair	David Mitchell
Treasurer	Phil Greer
Secretary	Lori Mainland
Governance Chair	Henry Villanueva
Founding Director	Wayne Meikle
Director at Large	Stewart Scott
Director at Large	Robert Bell
Director at Large	Kari Horn
Director at Large	Naomi Parker
Park Liaison	Julia Millen

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QUIZ ANSWER - JUNE /JULY ISSUE

Fish Creek Provincial Park has a very healthy population of white-tailed and mule deer, which are seen regularly in and around the park. Typically how many deer fawns are born each spring?

Both deer species will give birth to 1 or 2 fawns per year in the spring. In the months of June and July these young fawns can be seen exploring the park, usually with mother nearby. Mule deer habitat includes hilly and forested areas and they feed on shrubs, including aspen and willow. White-tailed deer inhabit aspen groves, wooded river flats, valleys and ravines. As autumn arrives, the young deer begin to mature and may be seen in groups of seven or more. Although similar in appearance, mule deer can be identified by their large mule-like ears and white-tailed deer by their smaller ears and pointed white tail. The Autumn Birding Course starting September 3 provides amazing opportunities to not only learn about birds, but to also learn about deer and other wildlife. <http://aep.alberta.ca/fish-wildlife/wild-species/mammals/>

BACK BY POPULAR DEMAND: THE GHOSTS OF FISH CREEK!

Tuesday, Wednesday and Monday, October 23, 24 and 29!

We are excited to announce that our ever-popular haunted walking tour of the Bow Valley Ranch will be offered on three different nights this year! Join us for this spooky and informative tour led by Wayne Meikle, Friends of Fish Creek Founding Director. Don't forget to dress up in your favorite costume and bring a travel mug for complementary hot chocolate! Only \$7 each.

For more information please visit friendsoffishcreek.org/event/ghosts-of-fish-creek-walking-tour
[Register through Eventbrite](#) (no drop ins, please)

Nature Calgary Outings



These free Birding seminars will take you to various natural areas in and around Calgary where you can explore the bird species found in these diverse environments, increase your bird knowledge and have fun. Willing to share your knowledge with others? Call the Calgary Field Naturalists' Society - 403-243-2248 to specify a date and location. For a complete list of upcoming outings, visit naturecalgary.com

Birding in the east side of Fish Creek Provincial Park, Sunday, August 26, 2018 9:30 am - 3:00 pm Meet in the large Parking Lot at Glenfield. Access via Bannister Road. Leader, Terry Korolyk; ph. 403-254-1878.