

Our mission is: To engage the community through activities and awareness to conserve a truly unique naturalized urban park.

www.friendsoffishcreek.org

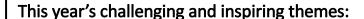
PO Box 2780 Stn M Calgary, Alberta T2P 2M7 403-238-3841

Volume 24, Issue 2 Apr / May 2019

### CAPTURE NATURE

### FRIENDS OF FISH CREEK PHOTO CONTEST RUNS MAY 1 TO JULY 31

Let the beauty of Fish Creek Provincial Park inspire your photographic creativity in this friendly competition to capture the best park photo of the year! In its 5<sup>th</sup> year, the Friends' *Capture Nature* Photo Contest provides a great reason to visit the park on a regular basis in search of the perfect photo.



SymmetryLunch!Movement

All photos must be taken in Fish Creek Provincial Park and

can be submitted at any point during the contest, but the earlier the better! The public will be able to

vote for their favourite photos through our <u>on-line gallery</u> (capturenaturefriendsoffishcr.shootproof.com) so early submissions will have more time to collect votes! Some of our favorite photo submissions will be chosen as silent auction items at our Taste of Autumn fundraiser and also as part of our new Fish Creek Community Showcase from October to December! Prizes are courtesy of our contest sponsors, MEC and RMB Photography (as

well as a few thrown in by the Friends!) Are you up for the challenge? \$25 registration fee for adults, free for youth 17 years of age or under! <u>Visit the Friends' website</u> (**friendsoffishcreek.org/ programs/capturenature**) for more contest info, to find out prize details and to register!

2018 winning photos, Juror Vote (Adult)-Ken Pride-Boat Ramp Flower Juror Vote (Youth)-Rakshita Jain-Hulls Wood River





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### FISH CREEK SPEAKER SERIES

Starting in January 2019, the Fish Creek Speaker Series admission fee has increased from \$5.00 to \$10.00. Friends of Fish Creek members will continue to receive free admission. Youth 16 years of age or younger can attend free of charge, but must be accompanied by a registered adult. These fascinating and informative presentations take place from January - June and September - November at the Fish Creek Environmental Learning Centre at Shannon Terrace in Fish Creek Provincial Park (13931 Woodpath Rd. SW, access via 130 Ave. SW and 37 St. SW.) Registration is required. Refreshments are available on a first come, first served basis. Please park near washroom facility.

Call of the Wetland - Combining Science, Nature and Community for the Health of Calgary's Wetlands Thursday, April 18,  $7:00\ pm-8:00\ pm$ 

Presented by Nicole Kahal, Conservation Analyst, Miistakis Institute

Call of the Wetland is a citizen science program that calls Calgarians to action by surveying local wetlands for

Confidence of the confidence o

amphibians as an important indicator of ecological health. With its third season launching mid-April, Call of the Wetland will gather the data needed so the state of our urban wetlands can be better understood, and to guide decisions about wetland conservation. Join Nicole Kahal from the Miistakis Institute to learn more about this citizen science project, and how you can get involved to answer the call of the wetland!

Planting for Pollinators – How Native Plant Species Beautify Your Garden and Attract Pollinators Thursday, May 16, 7:00 pm - 8:00 pm

Presented by Catherine Dowdell of cath-earth-sis Services Inc.

Catherine Dowdell is an International Society of Arboriculture Certified Arborist, a Red Seal Endorsed Landscape Horticulturist, and holds a Certificate in Sustainable Landscapes from the University of Guelph. Her company *cath-earth-sis* is the first business in Calgary to receive designation as a Bee City Canada Business, which recognizes the company's commitment to pollinator habitat. Catherine enjoys the challenge of working with different hardiness zones and how plants behave differently, depending on their location. Planting for pollinators in residential and commercial areas in Calgary provides opportunities to attract native bees, butterflies and birds. Connecting green corridors within the city will give pollinators the uninterrupted habitat they require. Photo courtesy of Catherine Dowdell

For more info on upcoming presentations stay tuned to www.friendsoffishcreek.org/programs/speaker-series





### **QUIZ QUESTION**

Which carnivorous mammal is related to the otter and weasel and lives in the prairies and throughout the US and Mexico? *The correct answer will be announced in the next issue of Voice of the Friends*.



# CREEKFEST

### Your Local PARKS DAY EVENT!

Free Fun for the Whole Family!
Saturday, July 20, 11 am - 4 pm
Bow Valley Ranch,
Fish Creek Provincial Park



- Rattle and Strum awarding-winning and nationally recognized local family performers
- Bud Edgar Joker and Trick Roper Sheila Edgar Ventriloquist and Trick Roper

Learn to juggle with Michelle and Peter – the Juggling Clowns, and visit the children's area featuring an inflatable slide and many more activities!



Institute for Wildlife Conservation, Green Calgary and many more!

Sponsorship opportunities are available. For more information about supporting Creekfest please contact Nic Blanchet, Friends of Fish Creek Executive Director, nic@friendsoffishcreek.org or 587-317-7104

We gratefully acknowledge the generous donation from The Calgary Foundation and the Pumphouse Theatre that has helped make the use of "The Calgary Foundation Centennial Stage" possible.

friendsoffishcreek.org/event/creekfest Like Creekfest at www.facebook.com/CREEKFESTinFishCreek









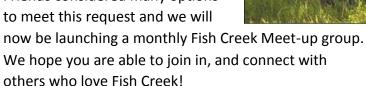




### FISH CREEK MEET UPS

### GET TO KNOW YOUR FELLOW MEMBERS!

One of the most heartening ideas that came out of the Friends of Fish Creek's 25<sup>th</sup> Anniversary Community Survey was the repeated request for more opportunities for Friends Members to get to know one another. The Friends considered many options to meet this request and we will



Fish Creek Meet-Ups will be informal group walks with no registration, no fees, no facilitators. Just Friends getting to know Friends while walking through this beautiful park. All are welcome.



Meet-Ups will take place at 2:00 pm on the second Sunday of each month at a different location each time. Dates and meeting locations will be posted on the <u>Friends of Fish Creek events</u> <u>calendar</u>. Please note that participants take part at their own risk, and must assess the weather forecast before deciding whether to attend or not.

Participants are advised to wear clothing and footwear suitable for the weather and to dress in layers in case the weather changes.

We hope you take advantage of this opportunity to connect with other folks who enjoy Fish Creek as much as you do, and we welcome feedback along the way to improve this activity and to better meet the community's needs! Photo courtesy of Stan Kwasniowski

# FEWER THAN 35 SPOTS LEFT IN PHASE 3 OF THE BRICK PATHWAY

Since launching the 25<sup>th</sup> Anniversary Dedication Brick pathway in January 2017, we have sold over 200 bricks and there are now fewer than 35 spaces available. It costs only \$250 to dedicate a brick and is considered a tax deductible donation. While the brick itself is a small canvas, there is adequate space (2 lines of text, 16 characters each) to express warm sentiment



for this park or as a dedication to a loved one. The brick pathway in front of the Cookhouse here at the Bow Valley Ranch is an everlasting reminder that this park is truly loved, and that so many people care greatly about its sustainability. Bricks have been dedicated as gifts to friends and family members, in celebration of an anniversary or the birth of a child, as a memorial to a loved one who has passed, and for many other reasons. We are administering the third and final phase of the pathway now and we invite you to dedicate a brick today if you have not yet done so. To dedicate your brick or for more information please contact the Friends of Fish Creek at 403-238-3841 or visit www.friendsfoffishcreek.org/brick

### Shaw Birdies for Kids Presented by Altalink (BFK)



### HELP CALGARY KIDS CONNECT WITH NATURE IN FISH CREEK!

Are you looking for a way to make your donation dollars program in Fish Creek. go even further?

Interested in supporting Calgary's children by fostering a lifelong love of nature?

The Friends of Fish Creek are pleased to announce that we were selected as one of more than 120 local charities to participate in the Shaw Birdies for Kids presented by AltaLink program! This matching donation program will run until the closing of the Shaw Charity Classic Golf Tournament on September 1, 2019. Through significant encounter with nature. By experiencing Birdies for Kids, the Shaw Charity Classic Foundation will match every dollar contributed up to 50%, and all funds raised through our BFK partnership will support outdoor learning experiences for children here in Fish Creek Provincial Park. Birdies for Kids and community members like you share our vision of a sustainable Fish Creek Provincial Park that improves the quality of life for teachers and parent volunteers. It costs approximately current and future generations. All contributions to the Birdies for Kids will support the Learning Naturally

### TD Learning Naturally program

The TD Learning Naturally program provides a curriculum linked field trip to Fish Creek Provincial Park at no cost for children between grades K – 6 from Calgary schools who otherwise may not have this opportunity. For many of the students, their TD Learning Naturally trip provides them with not only their first visit to Fish Creek Provincial Park but also their first nature first hand, surrounded by it, absorbing it through all their senses, they receive an experience that will last a lifetime, and that they can share with their family and community for many years. Over 3000 students between grades K – 6 visit Fish Creek Provincial Park each school year, and are accompanied by over 400 \$10 to provide 1 day of education for a child.

Cont'd on next page

### BFK cont'd from previous page

Through this year's Birdies for Kids program our goal is to provide 2000 students between grades K – 6 with an unforgettable and life-changing field trip here in Fish Creek, by raising \$20,000 in support of the TD Learning Naturally Program. In addition to donating to TD Learning Naturally through BFK, there are other ways you can support this essential program.

### **Learning Naturally Youth Nature Program**

Many children between the ages of 5 and 15 years of age from groups like Beavers, Cubs, Scouts, Brownies, Guides, day camps, and churches take part in the Youth Nature program to learn about nature and conservation here in Fish Creek Provincial Park. Groups of between 5 – 25 children enjoy interactive and educational programs at various locations throughout the park in order to foster an understanding and appreciation for local ecology.

The different program topics include Amazing Adaptations - where kids discover the ways animals adapt to their environment to find food, escape predators, and survive winter. Through Notice Nature participants get to know some of the park's trees and plants and take part in a wetland exploration to discover our underwater species. Children participating in Soil Secrets learn about the secret life of soil by digging in, getting dirty, and learning about rainfall. The Fish Creek Stewardship Adventure helps teach participants about issues threatening the park's ecosystems and involves them in a conservation project to improve the ecosystems.

### **Learning Naturally Kids Bird Camp**

This weeklong day-camp style program takes place in early July and provides the perfect opportunity for kids between the ages of 7 – 14 to learn about and identify birds found in Fish Creek Provincial Park. Hundreds of bird species pass through the park or reside here

year-round, and students in the Learning Naturally Kids Bird Camp benefit from both in class instruction and an outdoor opportunity to view and learn about birds in their natural habitat. This hands-on program is run in partnership with volunteers from Nature Calgary. The Learning Naturally Kids Bird Camp is helping to shift kids' focus from plastic toys and digital screens, to a world of birds and nature.

Registration fees for the Learning Naturally Kids Bird Camp and the Learning Naturally Youth Nature Program will be matched by up to 50% through Shaw Birdies for Kids presented by AltaLink. All parents/registrants in these programs will be made aware that their fees will be deposited into Birdies for Kids, and help provide long term funding for childrens' educational programs in Fish Creek Provincial Park. Kids Bird Camp and Youth Nature Program fees will help us to reach our goal of raising \$20,000 to support fostering a love of nature and conservation in the next generation of children. Donations made directly through the Shaw Charity Classic website (<a href="https://shawcharityclassic.com/donate/">https://shawcharityclassic.com/donate/</a> friendsoffishcreek) to TD Learning Naturally will receive a tax receipt from the Shaw Charity Classic Foundation. Revenue from these programs may be made available to help subsidize future Learning Naturally programs.

TD Learning Naturally is an essential program that benefits thousands of children each year, and we are continually fundraising to ensure the future of this program. Please contribute in support of children and nature, and the Shaw Charity Classic Foundation will match your donation up to 50%. Please speak to your employer about donating through Birdies for Kids, or if you are business owner, consider making a tax-deductible donation through your community-focused business. All donations must be submitted before the closing of the Shaw Charity Classic on September 1. For more information on how you can support TD Learning Naturally please contact the Friends of Fish Creek.

### COMMUNITY PARTNERS SUPPORT STUDENT POSITION

Shana Barbour, Program Coordinator, Friends of Fish Creek

Summer is definitely our busiest time of year, and we are grateful for the opportunity to hire a summer student this year in the position of Stewardship and Outreach Coordinator! Thanks to joint funding from three different supporters, the Friends will have the benefit of an additional full-time staff member from May 6 to August 31.

The <u>United Nations Green Spaces (GS) program</u> is designed to empower young students across Canada to be climate action leaders through summer employment opportunities. There are widespread benefits to all parties involved in this program:

- From a global perspective, these work placements are intended to contribute to Canada's commitments on climate and environment through United Nations Framework Convention on Climate Change and the UN's Sustainable Development Goals.
- On an individual level, participants benefit from meaningful work, networking and first-hand experience that aligns with their area of study.
- The Friends will benefit from the increased capacity
  of an extra staff person who can take over the
  planning, coordinating and execution of some of our
  programs, allowing our permanent staff to focus our
  efforts on growth and development of our existing
  programs.

As an employer partner, the Friends receive a wage subsidy from the GS program that supports part of this full-time summer position. Through a bit of creativity, luck and timing, we were successful in funding proposals to two other organizations that allow us to cover the rest of the position:



Shekar Jayashankar

The Land Stewardship Centre (LSC) - focuses on creating informed stewards through supporting the grass-roots efforts of organizations like the Friends. Funding from LSC's Watershed Stewardship Grant will allow our student to take on tasks associated with the coordination of tree mapping and the facilitation of educational tours related to beaver activity and our ReWilding program.

Alberta Ecotrust Foundation - provides opportunities for collaboration and capacity building through events like their annual Environmental Gathering, and funding for grass-roots organizations like ours. Alberta Ecotrust funding will support our summer student's activities like coordinating weed pulls, park clean ups and educational tours. It will also facilitate the execution of ReWilding work in the spring for the very first time!

This is a wonderful example of the kind of partnerships that are necessary in our work and how we need to work closely with community partners to grow, change and achieve success. We are grateful for the support received from these partners and excited for such a rich and busy year!







### WELLNESS IN FISH CREEK

## RELAX, UNWIND, AND REJUVENATE BODY, MIND AND SPIRIT STARTING THIS JUNE

As we move farther away from the cold days of winter - and even though spring has just arrived - we know that summer will soon be upon us. As days lengthen and temperatures rise, we are happy to see the park beginning to bustle with activity, knowing that this is a place where people come to recreate and support their own health and well-being. The Friends' Wellness Program has been a part of this for many years, and we continue to grow this program each year so that we have a variety of different offerings to meet the needs and interests of our community. We are thrilled to welcome back our dedicated instructors, Naomi Parker, Gwen Draude, Diane Smith and Divya Singh, and to welcome two new instructors, Lisa Smithwick and Susanne Heaton, to this incredible team!

Join us during the week of June 16 for our first ever Kick Off Week and try out a class in yoga, Spring Forest Qi Gong or a blend of both! A special meditation series will be offered in August, in addition to several new and exciting workshops that make up our new Saturday Wellness Series.

Dates, details and registration information will be <u>available on our website in May</u>. We hope you'll join us!

Stay tuned to

friendsoffishcreek.org/programs/wellness-clinics

Photo courtesy of pixabay.com



### **VOLUNTEERS NEEDED!**



Interested in volunteering in Fish Creek, but still looking for the right fit? Upcoming Volunteer opportunities include:

- Creekfest Your Local Parks Day Event! Sat, July 20 at the Bow Valley Ranch Pre-event and event help needed! See page 3 for more information.
- Weed Whackers remove invasive plant species from Fish Creek Provincial Park.
- ReWilding Through Restoration planting native vegetation in riparian areas to help bring Fish Creek back to a more natural and wild state.



For information on these and other volunteer opportunities, visit www.friendsoffishcreek.org/volunteering

### SPONSOR A PROGRAM OR EVENT IN 2019!

To run a successful organization or business of any kind, sustainable and diversified funding is essential. In the non-profit sector, this is a bit of a challenge, but fortunately, individuals in this sector enjoy rising to a challenge! Contributions ranging from membership fees, donations, program fees and grants are all part of the funding puzzle, and help groups like the Friends plan for a stable, long-term future.

Support for programs or special events is always needed as many grants and sponsorships do not cover events. While they are enjoyable, meaningful and appreciated by the community, large-scale events like Creekfest and A Taste of Autumn require a significant amount of staff time and resources to plan and deliver. The long-term growth and development of our organization would be more adequately supported if we had dedicated and stable event sponsorship.

A few opportunities that are available for sponsorship this year:

### CREEKFEST



Creekfest - Your Local Parks Day Event! (Saturday, July 20 from 11:00 am - 4:00 pm) — At this free, family event over 2000 people come together to celebrate water, healthy watersheds and Provincial Parks here at the Bow Valley Ranch! See page 3 for more information.



A Taste of Autumn (Friday, September 20, Canyon Meadows Golf & Country Club) – Celebrate the transition from summer to autumn by enjoying a showcase of local craft beverages, amazing food, a silent auction, door prizes and a fascinating presentation from Starman, Don Hladiuk!

**NEW! - Sponsor the Fish Creek Speaker Series** - 9 lectures held at the Fish Creek Environmental Learning Centre each year; you can sponsor one lecture or all nine!



Sponsorship opportunities range from Title Sponsor for a program or event, Stage Sponsor for an event like Creekfest, or simply contribute to general program or event expenses, such as food and drink costs, volunteer appreciation, or speaker or performer fees. We would be pleased to provide recognition for your support in a variety of ways depending on the amount of support provided. For more information about these or other sponsorship opportunities, please contact Nic Blanchet, Friends of Fish Creek Executive Director, nic@friendsoffishcreek.org or 587-317-7104



# GOOD GRIEF: NATURE WALKING THROUGH GRIEF AND LOSS

### 8 week program starts May 1

Being outdoors provides many healing benefits; it allows us to breathe, reflect and connect with our natural surroundings, and while we may not even be aware of it in the moment, the benefits are there. In fact, research conducted by Alberta Environment and Parks and Mount Royal University has shown

the healing benefits of nature for people experiencing significant loss or transitions in life. Death and loss so often bring us to parks and natural places; favorite places to remember and sites simply to let grief be, just as it is – natural. Parks and nature also connect us to the cycles of life and death, reminding us of endurance, beauty, and the only constant – change.

As a way of supporting people who may be somewhere along this journey, the Friends of Fish Creek have created Good Grief: Nature Walking Through Grief and Loss. This 8-week series of gentle walks brings together people moving through the shared experience of loss with the intent that they will find support from each other, their community and their time in nature.

Good Grief runs in May and June.

Choose to walk on either Tuesday evenings from 6:30 - 8:00 pm or Thursday mornings from 10:00 - 11:30 am.

Only \$25, space is limited to 15 walkers per group.

To register visit friendsoffishcreek.org/programs/wellness-clinics or Register through Eventbrite

Our thanks to Sonya Jacubek from Mount Royal University for her support and direction in creating this program. Photo courtesy of pixabay.com

### Spring Birding Course Runs April 1 - June 23

Spring is one of the best times of year to see birds in their natural habitat, including new arrivals. Get outside this Spring to learn about birds and other wildlife in Fish Creek Provincial Park! Registration is required and fees apply.

To register or for more information visit https://friendsoffishcreek.org/programs/birding-course

### **NATURE CALGARY OUTINGS**



These free Birding seminars will take you to various natural areas in and around Calgary where you can explore the bird species found in these diverse environments, increase your bird knowledge and have fun. Willing to share your knowledge with others? Call the Calgary Field Naturalists' Society - 403-243-2248 to specify a date and location. For a complete list of upcoming outings, visit www.naturecalgary.com

May 17 - 19, 21<sup>st</sup> Annual Brooks-Lake Newell Species Count. Sponsored by Ducks Unlimited and Trans Canada Pipelines. For more info, visit naturecalgary.com/event/brooks-lake-newell-species-count-2019

### NEW FOR 2019 - COOKHOUSE ART EXHIBITS

# FISH CREEK COMMUNITY SHOWCASE APRIL 5 TO JUNE 28, FEATURED ARTIST: ROBIN READ

Robin Read has been inspired by the beauty and ruggedness of the Canadian Rockies and rolling prairies of Alberta for many years, and this has provided him with the opportunity to combine his love of the outdoors with his passion for photography. Robin shoots all of his work with a film camera in black and white, and develops his own work using traditional processes in his home darkroom. His prints are processed to current archival

standards. He has been a strong supporter of the Friends for many years through donating his beautiful framed photographs to our fall fundraiser, A Taste of Autumn. We are thrilled to exhibit Robin's work so that others can share in its beauty, and as a way of thanking him for all he has done for us over the years.



Join us for our Meet the Artist event on Friday, April 5, 6:30 - 8:00 pm at the Cookhouse to meet Robin and hear about what has inspired his photographic journey. This is an informal, drop-in event, so pop in for a visit, view the exhibit and enjoy a cup of tea and some treats with us. Robin's work will be for sale at this event.

Register for this free event through Eventbrite.

If you are unable to attend this event, you can visit the Cookhouse until June 28, from Monday to Friday between 9:00 am - 4:00 pm to view the exhibit. Please note that the office is sometimes closed for meetings during these hours, or our staff may be off-site; if you are planning a special trip to see the exhibit, please be sure to call us first.

### FRIENDS OF FISH CREEK ONLINE STORE

- · Original framed photos by Robin Read
- Keating Family Portraits Certificate for Portrait Capture Session and 12" painted portrait with local artist Keating, \$3000.00 Value for only \$1020.00 (Keating pictured here, photo courtesy of Ward Sanderson)
- Friends Travel Mugs 14 oz, Stainless Steel with foam insulation and swivel lid, \$20.00
- Golf Package from Canyon Meadows Golf & Country Club, \$1000 Value for only \$720.00
- Autumn Colour Fish Creek Provincial Park, 25<sup>th</sup> Anniversary Signature Artwork by Jim Pescott, Limited Edition Prints, \$275.00
- Friends of Fish Creek Bike Bells, 1 for \$6 or 2 for \$10.00
- Uncharted: An Inspirational Novel (and Uncovered, A Guide to Wildflowers), by local author Graeme Connell, \$25.00
- T-Shirts Available in Natural or Irish Green, \$20.00 each

For more information drop by our office or visit www.friendsoffishcreek.org/store





### THE AMAZING STEP UP 4 CALGARY KIDS RACE



PRESENTED BY CIBC, NSTEP (NUTRITION STUDENTS TEACHERS EXERCISING WITH PARENTS) AND THE FRIENDS OF FISH CREEK



Get outdoors, get active, and become a Healthy Super Hero!

1 km kids race starts at 9:00 am 5 mile race starts at 9:15 am 5 km race starts at 9:30 am

### Registration is only \$25.00 per family (1 adult and 1 child) or \$10.00 per child

This spring, NSTEP and the Friends of Fish Creek are teaming up in support of children's health and invite you and your family to take part in the Amazing Step Up 4 Calgary Kids Race! Both NSTEP and Friends of Fish Creek donations will be leveraged through Shaw Birdies for Kids presented by AltaLink to provide up to 50% in matching dollars on all donations raised. Friends of Fish Creek BFK donations will support the TD Learning Naturally Program in Fish Creek Provincial Park.

### To register stay tuned to http://www.events.runningroom.com

For more info about NSTEP visit http://nstep.ca For more info about the TD Learning Naturally program visit https://friendsoffishcreek.org/td-learning-naturally-program Photo courtesy of NSTEP





**2019** April 26 - 29

### Join the Challenge

Calgary will be under a total bioblitz and will compete with over 160 cities from around the world to find out which city has the richest biodiversity. Become a citizen scientist and help us document Calgary's flora and fauna April 26 - 29. Then help us to identify findings before May 5.

We win by making the most observations, finding the most species, or having the most participants!

### Taking Part is Easy

Create a free iNaturalist.ca account on your phone or desktop



#### Find Nature Anywhere in Calgary

Plants, animals, fungi, insects, or any evidence of them such as scat, tracks, shells, feathers, or carcasses.



### Take a Picture of What You Find

Be sure to note the location of the critter or plant. (Automatic when you use your phone).



#### Share Your Observations

By uploading your findings to iNaturalist.ca on your phone or computer before midnight April 29 and learn about your local biodiversity!



Join the experts at events and workshops happening all over Calgary that are free and family-friendly! OR explore on your own with friends in gardens, schoolyards, alleyways, and local parks.

Explore anywhere and everywhere!

Find out more at:

www.citynatureyyc.ca /citynatureyyc

















Poster courtesy of Matthew Wallace

Thank You Supporters!

#### **Bobcat Level:**



TD Friends of the Environment Foundation



### QUIZ ANSWER - FEB / MAR ISSUE

The first Creekfest took place on June 4, 2011 at Glennfield. Can you name 2 performers or presenters?

Speaker Don Battiste (the Alberta Invasive Weed Council) explained how invasive alien plants can choke out local vegetation and interfere with the food supply of wildlife. Michelle Mueller and Janice Mah from the City of Calgary spoke about the benefits of engineered wetlands. Cows and Fish hosted the Watershed Game Show, and Trout Unlimited entertained kids and families with their Fabulous Fish station. Peter Puffin's Whale Tales performed for the first time on the Creekfest stage and local musicians Sean and Calvin played Celtic music. Dr. Glynnis Hood, professor of Environmental Science at the University of Alberta, discussed how sewer runoff pollutes watersheds and can harm fish. Make sure to mark down Saturday, July 20 on your calendar and join us at the Bow Valley Ranch for the 9<sup>th</sup> annual Creekfest! See page 3 for more information and Like Creekfest at www.facebook.com/CREEKFESTinFishCreek

### 2019 EXECUTIVE

Chair Bob Morrin
Vice-Chair David Mitchell

Treasurer Phil Greer

Park Liaison

Governance Chair Henry Villanueva
Director at Large Stewart Scott
Director at Large Robert Bell
Director at Large Kari Horn
Director at Large Naomi Parker

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Shana Barbour, Program Coordinator shana@friendsoffishcreek.org

Chris Lalonde, Communications Coordinator chris@friendsoffishcreek.org

### Membership Form -

The Friends of Fish Creek, PO Box 2780 Stn M Calgary, AB T2P 2M7 403-238-3841 info@friendsoffishcreek.org www.friendsoffishcreek.org

| Name:              |            |                                       | _ Phone:             |                        |       |    |  |
|--------------------|------------|---------------------------------------|----------------------|------------------------|-------|----|--|
|                    |            | Address:                              |                      |                        |       |    |  |
| City and Province: |            | Postal Code:                          |                      | Work place (optional): |       |    |  |
| O Please send r    | ne inforn  | nation about lea                      | ving a gift in m     | y will                 |       |    |  |
| Membership:        |            | Individual O \$35.00 Family O \$45.00 |                      |                        |       |    |  |
| Senior (+60 yea    | ars of age | e) Individual O \$2                   | 5.00 <b>Family</b> O | \$30.00                |       |    |  |
| Donation:          | O \$25     | O \$50                                | O \$100              | O Other:\$             | _     |    |  |
| Please Fill out:   | Members    | ship \$                               | _ Donatio            | n \$                   | Total | \$ |  |

To pay online: www.friendsoffishcreek.org/membership or donate on CanadaHelps.org

(Charitable Registration #891199747 RR0001)

Signature of donor or member:

Applicants must be 18 years of age or older to become members. Tax receipts will be issued for donations of \$10.00 or more or if requested.